

Upcoming Training Dates 2026

April 2026

April 3rd – Good Friday (Holiday)

April 6th – Easter Monday (Holiday)

- April 7th – April 17th → Condensed Evening

April Condensed Evening



DISTRESS CENTRE
24 HOUR SUPPORT | COUNSELLING | RESOURCES

Self Paced Modules in **Orange** are Due on Dates Shown
Sessions **On-Site/In Class** are in **Green**
Sessions **On Line/Remote** are in **Blue**

SUN	MON	TUE	WED	THU	FRI	SAT
29	30	31 <i>Pre-Module Set</i>	1	2	3 Good Friday NO CLASSES	4
5	6 Easter Monday NO CLASSES	7 <i>Module Set #1</i> Introduction To Distress Centre Training ONSITE 6:00PM-9:00PM	8 Roleplay Day #1 ONSITE 6:00PM-9:00PM <i>*bring your device</i>	9 <i>Module Set #2</i> Risk Assessing & Safety Planning ONSITE 6:00PM-9:00PM	10 Roleplay Day #2 REMOTE 6:00PM-9:00PM	11
12	13 <i>Module Set #3</i> Outcalls & Documentation ONSITE 6:00PM-9:00PM	14 Roleplay Day #3 REMOTE 6:00PM-9:00PM	15 <i>Module Set #4</i> Being An Ally ONSITE 6:00PM-9:00PM	16 Roleplay Day #4 REMOTE 6:00PM-9:00PM	17 <i>Module Set #5</i> Knowledge Vault & Wrap Up ONSITE 6:00PM-9:00PM	18
19	20 <i>Post-Test</i> <i>Coaching Shifts Begin</i>	21	22	23	24	25
26	27	28	29	30	1	2

May 2026

May 18 – Victoria Day (Holiday)

- May 11th – May 22nd → Condensed Daytime

May Condensed Day



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 Sessions **On-Site/In Class** are in **Green**
 Sessions **On Line/Remote** are in **Blue**

SUN	MON	TUE	WED	THU	FRI	SAT
26	27	28	29	30	1	2
3	4	5	6	7	8	9
10 <i>Pre-Module Set</i>	11 <i>Module Set #1</i> Introduction To Distress Centre Training ONSITE 9:00AM-12:00PM	12 Roleplay Day #1 ONSITE 9:00AM-12:00PM <i>*bring your device</i>	13 <i>Module Set #2</i> Risk Assessing & Safety Planning ONSITE 9:00AM-12:00PM	14 Roleplay Day #2 REMOTE 9:00AM-12:00PM	15 <i>Module Set #3</i> Outcalls & Documentation ONSITE 9:00AM-12:00PM	16
17	18 Victoria Day NO CLASSES	19 Roleplay Day #3 REMOTE 9:00AM-12:00PM	20 <i>Module Set #4</i> Being An Ally ONSITE 9:00AM-12:00PM	21 Roleplay Day #4 REMOTE 9:00AM-12:00PM	22 <i>Module Set #5</i> Knowledge Vault & Wrap Up ONSITE 9:00AM-12:00PM	23
24	25 <i>Post-Test</i> <i>Coaching Shifts Begin</i>	26	27	28	29	30

June 2026

- Jun 1st – Jun 11th → Condensed Daytime

June Condensed Day

Self Paced Modules in **Orange** are Due on Dates Shown
 Sessions **On-Site/In Class** are in **Green**
 Sessions **On Line/Remote** are in **Blue**

SUN	MON	TUE	WED	THU	FRI	SAT
31 <i>Pre-Module Set</i>	1 <i>Module Set #1</i> Introduction To Distress Centre Training ONSITE 9:00am-12:00pm	2 <i>Roleplay Day #1</i> ONSITE 9:00am-12:00pm <i>*bring your device</i>	3 <i>Module Set #2</i> Risk Assessing & Safety Planning ONSITE 9:00am-12:00pm	4 <i>Roleplay Day #2</i> REMOTE 9:00am-12:00pm	5 <i>Module Set #3</i> Outcalls & Documentation ONSITE 9:00am-12:00pm	6
7	8 <i>Roleplay Day #3</i> REMOTE 9:00am-12:00pm	9 <i>Module Set #4</i> Being An Ally ONSITE 9:00am-12:00pm	10 <i>Roleplay Day #4</i> REMOTE 9:00am-12:00pm	11 <i>Module Set #5</i> Knowledge Vault & Wrap Up ONSITE 9:00am-12:00pm	12 <i>Post-Test</i> <i>Coaching Shifts Begin</i>	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4

July 2026

July 1st – Canada Day (Holiday)

July 3rd – 14th Stampede

- Jul 6th – Jul 16th → Stampede Condensed Daytime

July Condensed Day



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Sessions **On-Site/In Class** are in **Green**
Sessions **On Line/Remote** are in **Blue**

SUN	MON	TUE	WED	THU	FRI	SAT
28	29	30	1	2	3	4
5 <i>Pre-Module Set</i>	6 <i>Module Set #1</i> Introduction To Distress Centre Training ONSITE 9:00AM-12:00PM	7 Roleplay Day #1 ONSITE 9:00AM-12:00PM <i>*bring your device</i>	8 <i>Module Set #2</i> Risk Assessing & Safety Planning ONSITE 9:00AM-12:00PM	9 Roleplay Day #2 REMOTE 9:00AM-12:00PM	10 <i>Module Set #3</i> Outcalls & Documentation ONSITE 9:00AM-12:00PM	11
12	13 Roleplay Day #3 REMOTE 9:00AM-12:00PM	14 <i>Module Set #4</i> Being An Ally ONSITE 9:00AM-12:00PM	15 Roleplay Day #4 REMOTE 9:00AM-12:00PM	16 <i>Module Set #5</i> Knowledge Vault & Wrap Up ONSITE 9:00AM-12:00PM	17 <i>Post-Test</i> <i>Coaching Shifts Begin</i>	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1